

# **Call on us...**

**in a mental health emergency.**



# **Tel. 0300 0200317**

**For those living in County Durham and Darlington,  
Teesside and North Yorkshire and York.**

Our new, all age, single point of access telephone number is available 24 hours a day, seven days a week; making it easier to get crisis support when and where you need it.

**[www.tewv.nhs.uk/crisisadvice](http://www.tewv.nhs.uk/crisisadvice)**