

## Don't pay more than you need to for your HRT

The cost of many HRT medicines can be covered for a whole year by a prepayment certificate (PPC).

**Scan the QR code** to find out if your medicine is covered by the HRT PPC



## Remember!

The NHS prescription charge is a contribution to the NHS; it is not a payment to the surgery or its dispensary and it is not related to the cost of your medicine(s).

CHANGE
estrogen FATIGUE
CESSATION headaches
bloating OSTEOPOROSIS
WEIGHT GAIN POOR SLEEP

## menopause

DEPRESSION itchymoods incontinence breast pain **NAUSEA**PERSPIRATION progester one irregular HRTHORMONES pain **OVARIES** Memory HAIR LOSS palpitations DHEATES tosterone Sore gums **OVULation**BODY TEMPERATURE hot flashes DRY SKIN age tingling

Prescriptions are free for some people – ask a member of your dispensary team for advice or visit ...

## www.nhs.uk/nhs-services/help-with-health-costs

For help or advice on using your medicines, please ask a member of your dispensary team.



Your practice is proud to be a member of the Dispensing Doctors' Association, which exists solely to promote best practices and services in dispensing practices.